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# CHAP

COMMUNITY HELPERS  
FOR ACTIVE PARTICIPATION

## **Preschool Aged Children's Services**

York Region

*A comprehensive listing of agencies and organizations providing support to individuals under the age of 6 with developmental and related disabilities. Enclosed are options for health care and related information, respite care, mental health, and recreational opportunities. Please use the agency contact details provided for more information about programs available specifically to preschool aged children.*

*Disclaimer: This is strictly for information purposes only. respiteservice.com does not endorse any particular program, product or service.*

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## **Information and Health Care Services**

**Centre for Behaviour Health Sciences**— *“provides care for individuals living in York Region or Simcoe County who have a developmental disability with a significant cognitive delay, autism or are living with the effects of an acquired brain injury. Behaviour intervention is provided to children and adults through a comprehensive assessment followed by positive-based teaching and programming. A full range of challenging needs are addressed and include general management issues, aggression, self injury, skill promotion, and social problem solving.”*

Telephone: 1-905-773-3038

Website: [www.mackenziehealth.ca](http://www.mackenziehealth.ca)

**Children’s Aid Society – York Region** — *“Children’s Aid Societies are mandated by the Child and Family Services Act to: Investigate allegations or evidence that children under the age of 16 may be in need of protection ; Protect children where necessary; Provide guidance, counselling and other services to families for protecting children or preventing circumstances requiring the protection of children; Provide care for children assigned or committed to its care; Supervise children assigned to its supervision; Place children for adoption when necessary.”*

Telephone: 1-800-718-3850

Website: <http://www.yorkcas.org>

**Children’s Treatment Network**— *“The Network provides comprehensive, coordinated care and services to kids with complex physical, developmental and communications needs who live in Simcoe County or York Region.”*

Telephone: 1-866-377-0286

Website: [www.ctnsy.ca](http://www.ctnsy.ca)

**Early Intervention Services (EIS) York Region**— *“delivers programs that support families who have children with special needs in their homes or licensed child care settings. York Region EIS provides four different programs to support a child’s development: Infant and Child Development Services, Neonatal Followup, Inclusion Support, Therapy Services.”*

Telephone: 1-888-703-KIDS, 1-905-830-9487

Website: [www.york.ca](http://www.york.ca)

**Healthy Smiles Ontario**- *“Families with eligible children, under 18 years old and with dental conditions requiring emergency or essential care, may qualify for this program if they do not have dental insurance and declare that the cost of treatment for their child would result in financial hardship*

Telephone: 1-844-296-6306

Website: [www.ontario.ca/healthysmiles](http://www.ontario.ca/healthysmiles)

**Holland Bloorview Kids Rehabilitation Hospital-** *“Holland Bloorview Kids Rehabilitation Hospital provides specialized programs and clinical care for children and youth with rehabilitation and complex care needs to enable them to participate in life to the fullest.”*

Telephone: 1-800-363-2440  
Website: <http://www.hollandbloorview.ca>

**York Region Health Connection** – *“Health Connection is a free and confidential health information/education telephone service provided by Public Health Nurses and Public Health Inspectors.”*

Telephone: 1-800-361-5653  
Website: [www.york.ca/healthconnection.htm](http://www.york.ca/healthconnection.htm)  
E-Mail: [AccessYork@york.ca](mailto:AccessYork@york.ca)

**York Region Preschool Speech and Language Program** – *“YRPSLP provides help for York Region children from birth to Junior Kindergarten entry who have difficulty learning to communicate or to interact. The program focuses on the prevention, early identification and treatment of speech and language problems”*

Telephone: 1-888-703-5437  
Website: [www.childdevelopmentprograms/speech-and-language](http://www.childdevelopmentprograms/speech-and-language)

## **Respite Options**

**CHAP Program (Community Helpers for Active Participation)**— *“facilitates the connection of families of children with special needs and available independent contractor respite workers”*

Telephone: 1-905-898-6455 ext. 2247  
Website: [www.respiteservices.com](http://www.respiteservices.com)  
E-Mail: [kdelong@yssn.ca](mailto:kdelong@yssn.ca)

**Cherish Integrated Services**— *provides services and supports to promote social inclusion of persons with developmental disabilities in their communities. CHIS is a local community agency located in Markham, Ontario. It dedicates to provide a systematic and holistic training programs with the concept of Structured Teaching as the core program model for the service recipients. These services and programs help support them to live, work and actively participate in a wide range of daily activities.*

Telephone: 1-905-604-9290  
Email: [info@cherishis.org](mailto:info@cherishis.org)  
Website: <http://www.cherishis.org>

**Christian Horizons**– *“Residential accommodation services individuals with developmental delays and operates throughout Ontario.*

Telephone: 1-416-630-3646  
Website: <http://www.christian-horizons.org>  
E-Mail: [mbruce@christian-horizons.org](mailto:mbruce@christian-horizons.org)

**Community Living Newmarket/Aurora District**– *“Provides services and support to people with an intellectual disability to promote their participation, friendship, and citizenship in the community. Services include living options, employment and alternative work options, respite and family support, and recreation opportunities.”*

Telephone: 1-905-898-3000  
Website: <http://www.clnad.com>  
E-Mail: [info@clnad.com](mailto:info@clnad.com)

**Easter Seals Society of Ontario – York Region**– *“Dedicated to helping children, youth, and young adults with physical disabilities achieve their full potential and future independence. Easter Seals funds disability solutions through financial solutions, summer camp the Recreational Choices funding program, research, advocacy, and public and consumer education*

Telephone: 1-905- 727-0157  
Website: <http://www.easterseals.org>  
E-Mail: [info@easterseals.org](mailto:info@easterseals.org)

**Kerry's Place Autism Services** – “Our goal is to enhance the quality of life for people with an Autism Spectrum Disorder by being leaders in developing and providing evidence-based support, and building capacity by sharing our knowledge and expertise.”

Telephone: (905) 841-6611  
Website: <http://www.kerrysplace.org/>  
E-Mail: [info@kerrysplace.org](mailto:info@kerrysplace.org)

**Kinark Outdoor Centre** – “The KOC operates a three-season camping facility with a core mandate to deliver a menu of enhanced respite programs for children with autism and their families. We are able to support these programs through the delivery of outdoor recreation and community building fee for service programs.”

Telephone: 1-800-805-8252  
Website: <http://www.koc.on.ca/>  
Email: [info@koc.on.ca](mailto:info@koc.on.ca)

**Kinark Child and Family Services** “offers four program formats that support children, youth and families with Autism to participate in a residential camp experience: Family Respite Weekends , Summer Camp Sessions , ASD Adolescent Social Skills , and Summer Family Camp . As part of the new Ontario Autism Program, Kinark Central Intake serves as single point of access (SPOA) for children and youth aged 0-18 years in York and Durham Regions, Simcoe County and HKPR

Telephone: 1-888-454-6275  
Website: [www.kinark.on.ca](http://www.kinark.on.ca)  
Email: [info@kinark.on.ca](mailto:info@kinark.on.ca)

**Leaps and Bounds** – “Offers in-home respite services, and specialized programs including ABA/IBI, social skills development, pre-school education, tutoring and consultation services”

Telephone: 1-905-727-2273  
Website: <http://www.leapsandboundsservices.com>  
E-Mail: [Deanna@leapsandboundsservices.com](mailto:Deanna@leapsandboundsservices.com)

**Reach for the Rainbow** – “Reach for the Rainbow, a non-profit organization, has pioneered the integration of children and youth with disabilities into the mainstream of society through overnight, day and community recreation programs throughout Ontario. Our programs provide environments of inclusion for kids and youth while offering much needed respite for parents.”

Telephone: 1-416- 503-0088  
Website: <http://www.reachfortherainbow.ca/>  
E-Mail: [info@reachfortherainbow.ca](mailto:info@reachfortherainbow.ca)

**respiteservices.com** –“is a web-based resource of information pertaining to respite options for children and adults with special needs”

Telephone: 905 898 6455 ext. 2247  
Website: [www.respiteservices.com](http://www.respiteservices.com)  
Email: [York@respiteservices.com](mailto:York@respiteservices.com)

**Safehaven Project for Community Living** “ provides residential and respite care for children with multiple disabilities and complex medical needs. Two residential homes are located in Aurora and Woodbridge and provide weekend respite for newborns to 19 years old. Safehaven finds new ways to improve the quality of life for families with children who cannot walk, talk, see, or hear”

Telephone: 1-416-535-8525  
Website: <http://www.safehaven.to>  
E-Mail: [admin@safehaven.to](mailto:admin@safehaven.to)

**Stewart Homes** – “Provides residential care and training for developmentally delayed and multiply handicapped children and young adults. Residential programs in Peterborough and Pickering for medically complex, total care, non-ambulatory children. “

Telephone: 1-705- 743-8043  
Website: <http://stewart-homes.com/>  
E-Mail: [invoicing@stewart-homes.com](mailto:invoicing@stewart-homes.com)

**Under The Banyan Tree** – “Serves people of all ages with developmental disabilities. Services for children include: individual training programs, social skills group, respite programs for teens, March Break and summer camp

Telephone: 905-947-0036  
Website: [www.underthebanyantree.ca](http://www.underthebanyantree.ca)  
E-Mail: [info@underthebanyantree.ca](mailto:info@underthebanyantree.ca)

## **Mental Health**

**Blue Hills Child and Family Centre**— *“Client centered services focus on social, emotional and behavioural well-being primarily for children, youth and their families and includes residential programs, nonresidential programs and programs”*

Telephone: 1-905-773-4323, 1-866-536-7608  
E-Mail: [gendeliv@bluehillsschildandfamily.ca](mailto:gendeliv@bluehillsschildandfamily.ca)

**Kinark Child and Family Services**—*“is a leading provider of services and supports for children and youth with complex needs and their families. Services are provided in the areas of Child and Youth Mental Health, Autism and Forensic Mental Health/Youth Justice.*

*Also serves as the single point of access for the Ontario Autism Program in the Region of York and Durham, Simcoe County and HKPR.*

Telephone: Central Intake: 1-888-454-6275  
Website: <http://www.kinark.on.ca/>  
E-Mail: [info@kinark.on.ca](mailto:info@kinark.on.ca)

**The York Centre for Children, Youth and Families**— *“The York Centre provides a range of psycho-social services for children, youth and families who live in the Region of York. Services are delivered by a multi-disciplinary team based upon an holistic approach to social, emotional, academic and familial needs.”*

Telephone: 905-737-8927  
Website: <http://www.theyorkcentre.ca>  
E-Mail: [info@theyorkccentre.ca](mailto:info@theyorkccentre.ca)

## **Recreation Options**

**Access2Entertainment Card** *“Launched in 2004 with support from Cineplex Entertainment and a group of national disability organizations, Easter Seals Canada’s award winning Access 2 card program helps ensure entertainment, cultural and recreational opportunities are more available to all. The Access 2 card is for people of all ages and types of permanent disabilities who require the assistance of a support person at hundreds of participating entertainment, cultural and recreational venues across Canada..”*

Telephone: 1-877-376-6362  
Website: [www.access2card.ca](http://www.access2card.ca)  
Email: [access2card@easterseals.ca](mailto:access2card@easterseals.ca)

**Autism Ontario York Region Chapter** *“Autism Ontario (formerly Autism Society Ontario) is the leading source of information and referral on autism and one of the largest collective voices representing the autism community. Members are connected through a volunteer network of Chapters throughout the Province of Ontario.”*

Telephone: 1-905-780-1590  
Website: <http://www.autismontario.com/york>  
Email: [york@autismontario.com](mailto:york@autismontario.com)

**The Canadian Children’s Theatre Company** *“The Canadian Children’s Theatre Company is a not-for profit organization that runs theatre, dance, music, and musical theatre programs for children aged 3-18.*

Telephone: 416-995-4486  
Website: [www.childrenstheatre.ca](http://www.childrenstheatre.ca)  
Email: [Jennifer.martin@childrenstheatre.ca](mailto:Jennifer.martin@childrenstheatre.ca)

**C.A.R.D.- Canadian Association for Riding for the Disabled** –“ is a registered non-profit charitable organization fully dedicated to the management and delivery of therapeutic riding programs. CARD’s therapeutic horseback riding program benefits riders who seek physical or cognitive therapies, who have a variety of disabilities, including Autism, Down Syndrome, cerebral palsy, and multiple sclerosis. The swinging, repetitive motion imparted to the rider through therapeutic horseback riding helps improve balance, coordination, strength and muscle tone, while gently mobilizing the joints. Therapeutic riding also improves sensory processing, focus and concentration, the ability to learn concepts, and communication skills.”

Telephone: 1- 416-667-8600  
Website: <http://www.card.ca/>  
E-Mail: [info@card.ca](mailto:info@card.ca)

**Georgina Arts Centre and gallery (GACAG)** – “ Art classes for children include clay, drawing, painting, and knitting. Programs are offered evenings, weekends, and on PA days. The centre is committed to the support and integration

Telephone: 905-722-9587  
Website: [www.gacag.com](http://www.gacag.com)  
Email: [heather@gacag.com](mailto:heather@gacag.com)

**Markham Gymnastics Club** – “Markham gymnastics club offers lessons in recreational programs through to National Stream Competition. Please contact for more information for children with special needs.”

Telephone: 905-475-0364  
Website: [www.markhamgymnasticsclub.com](http://www.markhamgymnasticsclub.com)

**Making Small Talk**– “Social skills and leisure programs for children with autism. Programs include social skills classes, summer camp, and music therapy.”

Telephone: 647-519-6739  
Website: [www.makingsmalltalk.com](http://www.makingsmalltalk.com)  
Email: [info@makingsmalltalk.com](mailto:info@makingsmalltalk.com)

**OpenDoorZ Club** - is a holistic indoor play and wellness facility welcoming children, youth and adults at all levels of cognitive abilities, and especially those with sensory processing needs.

Telephone: 905-237-7759  
Website: [www.opendoorzclub.ca](http://www.opendoorzclub.ca)  
Email: [info@opendoorzclub.ca](mailto:info@opendoorzclub.ca)

**Recreational Respite** – “has built an entire team of Recreation Therapists on the premise that FUN changes behaviour! The work we do in both areas of 1:1 support (in the home or community setting) and group based recreation programs promote engaging activity in order to support clients in achieving individual goals and reach desired outcomes that include: social skills, re-integration into family, school, work or community, participation, life skills, independence and identifying sense of role and purpose.”

Telephone: 1-877-855-7070  
Website: [www.recrepite.com](http://www.recrepite.com)  
Email: [info@recrepite.com](mailto:info@recrepite.com)

**Snoezelen Room at the HUB** – “The Snoezelen room can be booked for one hour sessions Monday-Friday. Caregivers must participate in a three-hour training session prior to booking the room”

Telephone: 905-954-4011 ext. 2300  
Website: [www.ctn-simcoeyork.ca](http://www.ctn-simcoeyork.ca)  
Email: [receptionOR@york.ca](mailto:receptionOR@york.ca)

**Special Olympics Ontario** – “Special Olympics Ontario (SOO) is a not-for-profit sport organization that provides year round sport training and competition for individuals with an intellectual disability”

Telephone: 416-447-8326  
Website: [gta.specialolympicsontario.com](http://gta.specialolympicsontario.com)  
E-Mail: [karlaw@specialolympicsontario.com](mailto:karlaw@specialolympicsontario.com)

**Steps Program** – “Laura Hunter’s STEPS Programs focus on the development of physical skills, critical thinking, independence, decision-making, communication and self-confidence. Programs are customized to the ability levels and unique needs of participants and instruction is broken down into a series of small achievable steps.”

Telephone: 1-416-771-2217  
Website: <http://www.stepsprograms.com/>  
E-Mail: [laura@stepsprograms.com](mailto:laura@stepsprograms.com)

**The Boys and Girls Club of York Region**— *“The Boys and Girls Club of York Region provides an accessible, affordable and safe place where children and youth can be themselves, participate in recreation programs, or just hang out..”*

Telephone: 289-470-5306  
Email: [bgcyr@socialenterprise.ca](mailto:bgcyr@socialenterprise.ca)  
Website: <http://www.bgcyr.ca>

**Sports and Recreation Club (offered through Giant Steps Toronto)** – *“teaches children with autism the skills they need to participate meaningfully in sports, social and recreation programs in their schools and communities.*

Telephone: 905-881-3104  
Website: [www.giantstepstoronto.ca](http://www.giantstepstoronto.ca)  
Email: [sportsandrec@giantstepstoronto.ca](mailto:sportsandrec@giantstepstoronto.ca)

**WindReach Farm** – *“WindReach Farm provides an inclusive, safe and welcoming environment for persons of all ages and disabilities by providing opportunities to enjoy experiences in a farm and natural environment.”*

Telephone: 905 655-5827  
Website: <http://www.windreachfarm.org/>  
Email: [info@windreachfarm.org](mailto:info@windreachfarm.org)